

Menu August 2023

Week one

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|--------------------------------|--|---|--|---|
| snack | Cheese and Crackers | Teacakes | Fruit Platter | Crumpets | Breadsticks and cheese |
| lunch | Vegetable Curry Rice & Naan | Fish ,Potato & Spaghetti Hoops | Sausage, Mash & Broccoli | Chilli & Rice | Chicken pasta bolognaise & garlic bread |
| | Peaches & Natural Yoghurt | Fruit Salad | Pineapple upside down cake | Ice cream and wafer | Apple crumble & Custard |
| tea | Beans on Toast | Tomato & Vegetable soup & bread roll | Muffin Pizza with Cucumber and Tomatoes | Jacket Potatoes with Cheese and Tuna | Assorted sandwiches & Salad Sticks |
| | Orange and sultanas | Cherry Cake | Natural yoghurt | Shortbread biscuit | Lemon Cake |
| 5pm | Milk & Melon | Milk & Banana | Milk & Muffin | Milk & orange | Milk & Cookie |

Week two

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|---|--------------------------------------|--|--|--|
| snack | Croissants and fruit | Breadsticks and cheese | Fruit Platter | Teacakes | Crackers & cream cheese |
| Lunch | Cod, Potatoes & mixed veg | BBQ Chicken, sweetcorn Rice | Beef patties, Potato & broccoli | Sausage & tomato pasta with cheese | Fish fingers, potato & baked beans |
| | Fruit Salad | Ice cream and wafer | Bananas and custard | Blueberry sponge | Natural yoghurt |
| tea | Jacket potato and spaghetti hoops | Hotdogs, cucumber and tomatoes | Assorted sandwiches and salad sticks | Cheesy potato pie, peas and sweetcorn. | Tomato lentil Soup and Bread Rolls |
| | Scones with Jam | Rice krispie cake | Natural yoghurt | Fruit platter | Banana Cake |
| 5pm | Milk & fruit | Milk & Muffins | Milk & Fruit | Milk & scones | Milk & Fruit |

Week three

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|---------------------------------------|--|---------------------------------|--|-------------------------------------|
| Snack | Breadsticks and cheese | Crackers & Cream Cheese | Fruit Platter | Teacakes | Fruit platter |
| Lunch | Vegetable pasta bake and garlic bread | Chicken and Sweet Potato Curry Rice & naan bread | Beef patties, Potato & broccoli | Vegetable risotto | Roast Turkey, potato, veg and gravy |
| | Ice cream and wafer | Sponge and custard | Peaches and cream | Fruit sponge and cream | Fromage frais |
| Tea | Cheesy potato pie and baked beans | Fish cakes, wedges and spaghetti hoops | Hot dogs and salad sticks | Assorted sandwiches, cucumber and tomato | Muffin pizza and salad sticks |
| | Fruit Platter | Muffins | Fruit Salad | Lemon and Ginger Squares | Yoghurt |
| 5pm | Milk & muffin | Milk & banana | Milk & Oranges | Milk & crackers | Milk & cookie |

Week Four

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|--|---------------------------------|--|---------------------------------|------------------------------------|
| Snack | Crackers and cream cheese | Crumpets | Fruit platter | Bread sticks and cheese | Coissants |
| Lunch | Fish cake, potato and baked beans | BBQ Chicken, sweetcorn and Rice | Pasta and meatballs | Sausage, potato and green beans | Sweet and sour chicken and rice |
| | Natural Yoghurt | Fruit salad | Ice cream | Rice pudding | Fruit salad and cream |
| Tea | Pepper and courgette pasta bake and garlic bread | Jacket potato, Tuna and cheese | Assorted sandwiches, cucumber and tomato | Beans on toast | Tomato lentil Soup and Bread Rolls |
| | Banana cake | Natural Yoghurt | Shortbread | Melon and satsuma | Orange muffin |

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| 5pm | Milk & Fruit | Milk & Cake | Milk & Fruit | Milk & biscuit | Milk & Fruit |
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